

# So What...You're Aging!

**RETREAT**

**Summer School 2026**

# Patricia Landaker

Certified Senior Advisor (CSA®)

- Specialist in Aging
- Certified Dementia Practitioner (CDP®)
- EssentialALZ® -Alzheimer's Educator
- Master Certified Coach
- Serves on the CSA® Certification and Journal Boards
- Serves on the ASA® Social Impact/Innovation Council
- Monthly Columnist at Vegas Voice Magazine
- 2025 Recipient: National Mature Media Award

Pat is a freelance writer and teacher specializing in senior-focused, positive-aging topics. Email her at: [classes@patlandakeragency.com](mailto:classes@patlandakeragency.com)



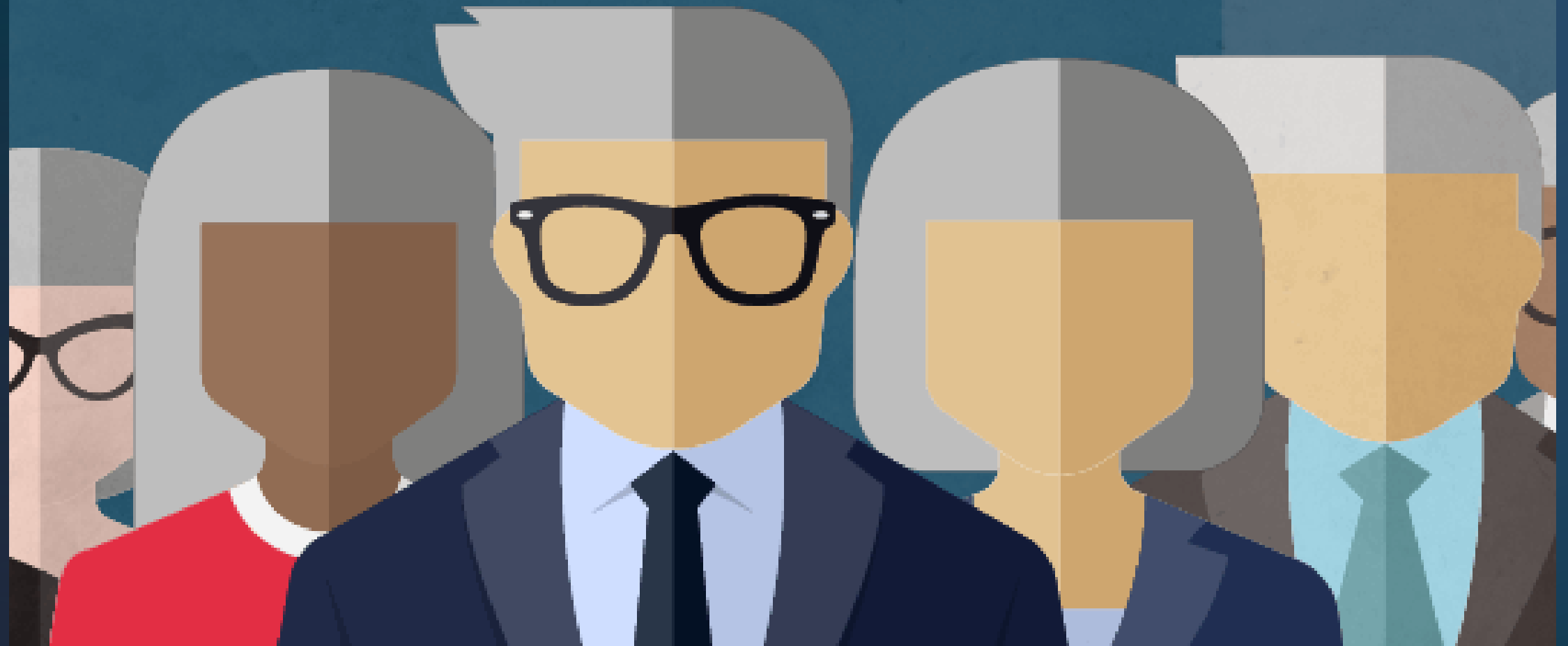
pat landaker **agency**

*Where Aging Intersects with Everything...Welcome!*



NO CLASS ON  
MAY 28<sup>TH</sup> AND JULY 2<sup>ND</sup>

# What is Aging?

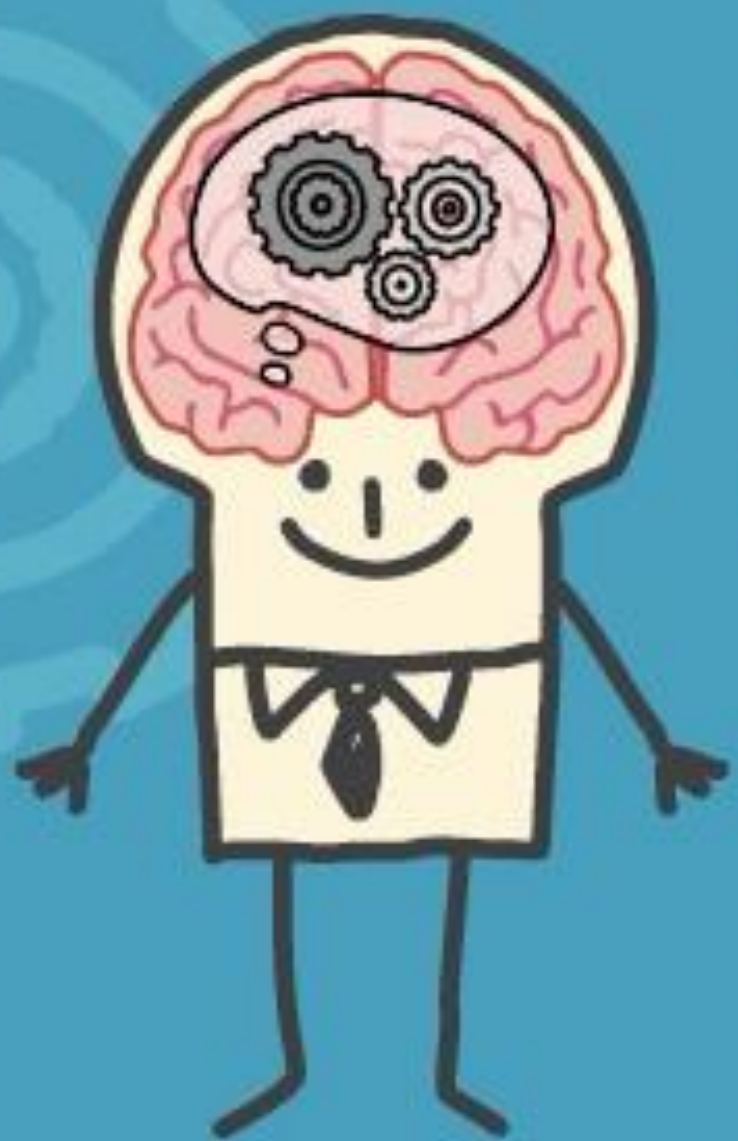


# LONGEVITY





# **E**motional **I**ntelligence



Are YOU  
conscious of your  
unconscious bias?

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SELF  
AWARENESSES

sustainability

*noun* [ suh-stey-nuh-**bil**-i-tee ]

A graphic featuring a yellow speech bubble with a tail pointing towards the bottom left, set against a solid blue background. The text 'CHANGE YOUR MINDSET' is cut out of the bubble, appearing as blue letters. The words are arranged in three lines: 'CHANGE' on the top line, 'YOUR' on the middle line, and 'MINDSET' on the bottom line. The font is a bold, sans-serif typeface.

**CHANGE  
YOUR  
MINDSET**

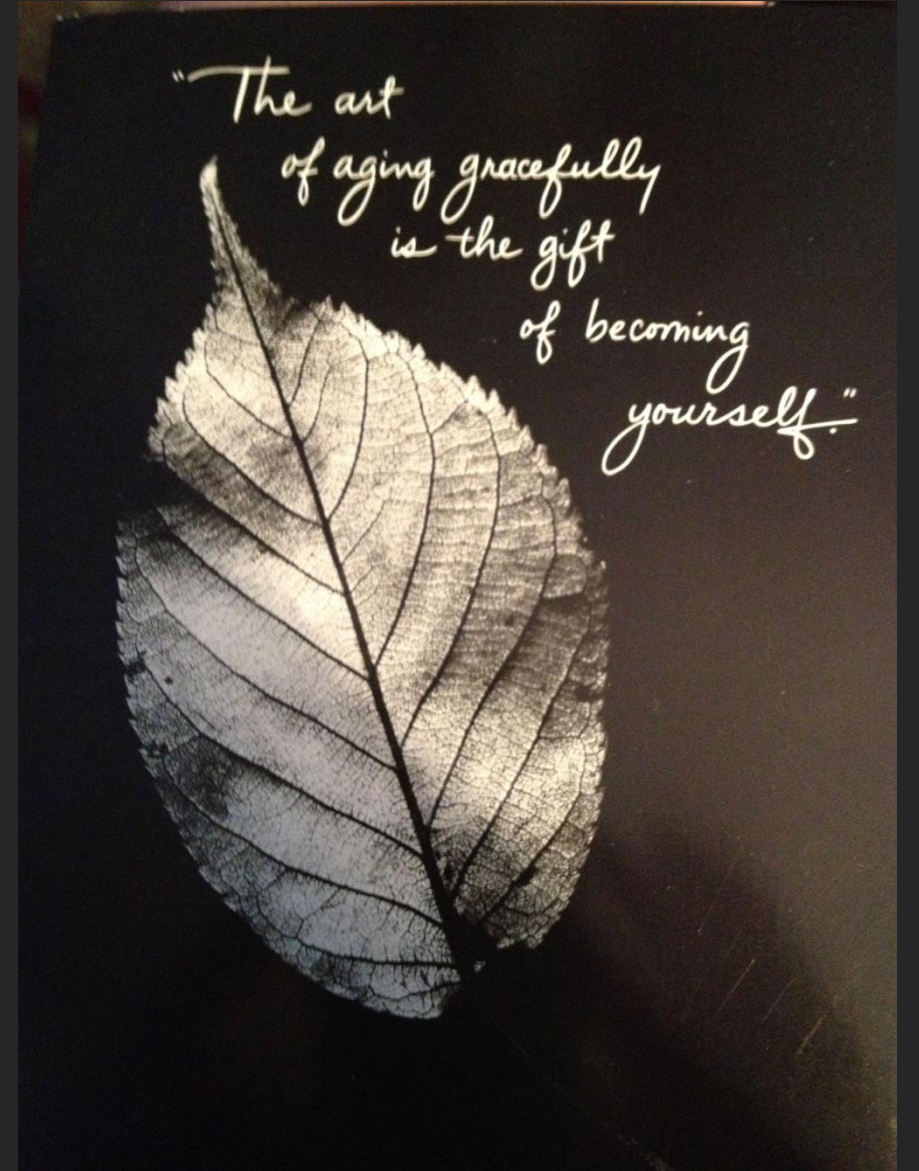
FINDING  
HAPPINESS





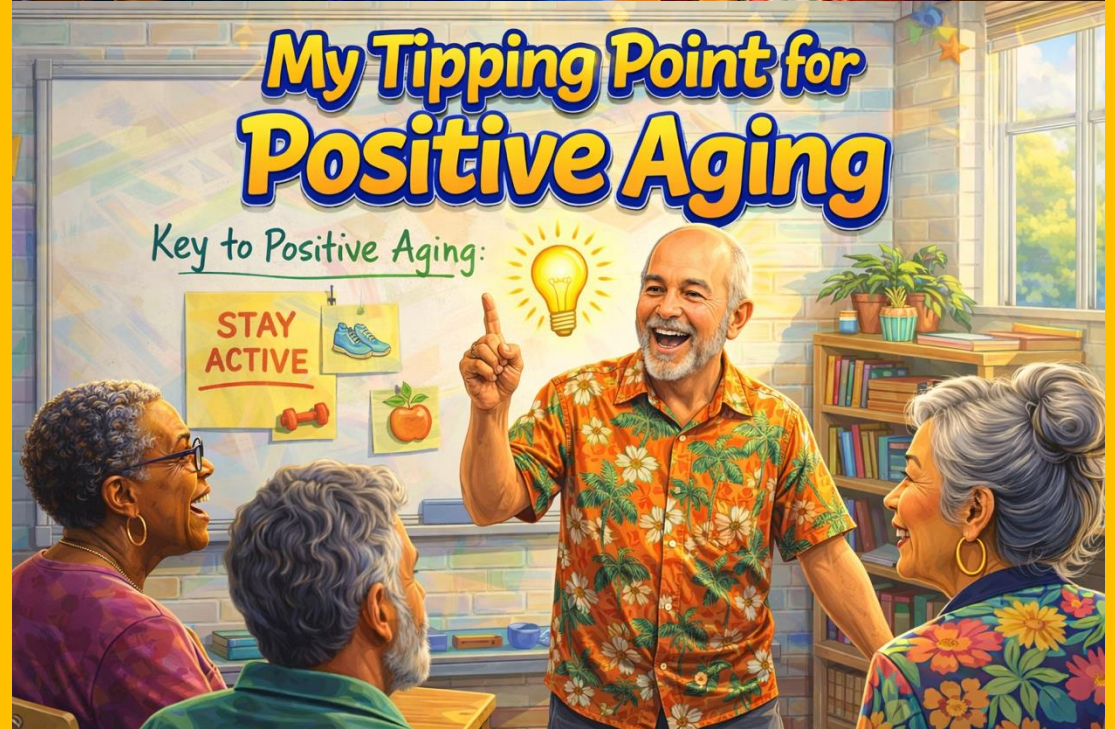
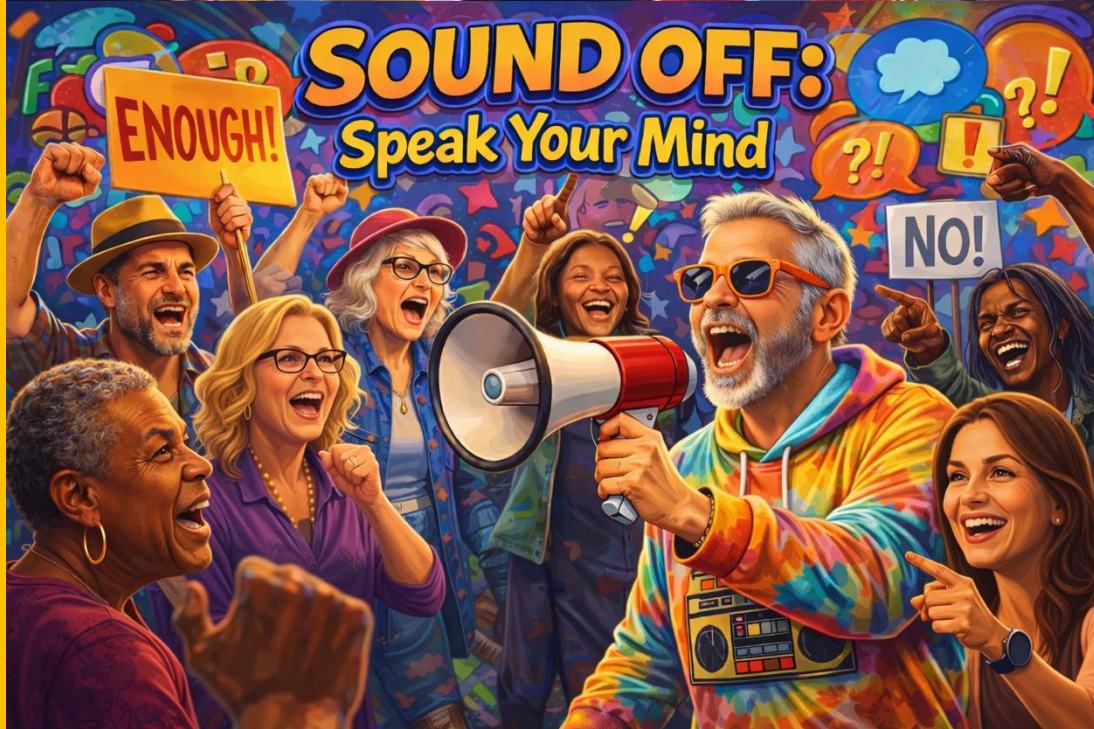
# Life Legacies

Preserving Past and Present, for the Future





Fun-Filled, Unique Activities



Engaging, Interactive Learning

# So What...You're Aging!

SUMMER SCHOOL RETREAT 2026

Longevity

Sustainability

Positivity

Emotional Intelligence

Self-Empowerment

Class features the things you love about a great retreat: Fun engaging programs and great discussions on trending topics. Shift your mindset with unique activities and life-changing takeaways. Oh yeah...and snacks! [OLLI.UNLV.EDU](http://OLLI.UNLV.EDU).

**RLC**  
RESORT LIFESTYLE  
COMMUNITIES  
Cactus Valley

**UNLV**  
OSHER LIFELONG  
LEARNING INSTITUTE

