

**Neurotics, Psychotics & Sociopaths
Summer 2026 Syllabus**

OLLI Summer Course @ Carnegie Heights

Thursdays, 9:00 am- 11:00 am

Instructor: Richard Berman, Ph.D.
ribrib60@hotmail.com

Date	Topic
May 28, 2026	Student Introductions; Introduction to Mental Health Disorders
June 4, 2026	Stress Management
June 11, 2026	The Dementias
June 18, 2026	Mood Disorders (anxiety and depression)
June 25, 2026	Sociopathy and Narcissistic P.D.
July 2, 2026	Hoarding and Hoarders
July 9, 2026	Psychosis: focus on Schizophrenia
July 16, 2026	Obsessive-Compulsive Behavior
July 23, 2026	Borderline Personality Disorder; Histrionic Personality Disorder
July 30, 2026	Class will choose from: 1) Summary and General discussion; 2) Addictions; 3) Mass Murderers; 4) Sexual Disorders; 5) Sleep Disorders; 6) Humor & M.H.; 7) Aging & M.H.

Like all things in life, this syllabus is subject to change.